

Thank you for joining CVHS for the Special screening of GOODBOY.

GRIEF AND LOSS RESOURCE LIST

VERMONT RESOURCES

Mill Hill Pet Crematory

Mill Hill Pet Crematory is a family-owned pet crematory located in Northfield, Vermont, with an additional drop-off location in Winooski, Vermont.

We have served our community for over two decades and are pet owners ourselves. We are here for you and your pets when you need us the most.

https://www.millhillpetcrematory.com/

CVHS Memorial Page

At CVHS, we know how much our pets mean to us, and how hard it is to lose them. That is why we have dedicated a special place to memorialize beloved pets on our website, a page of love. https://centralvermonthumane.org/petmemorialpage/

Heart of Vermont Vet: At-home, End-of-Life Care for Pets (802)323-5200

https://heartofvermontvet.com/

Talking Now Helps Later, Tracey Brant, ICF Professional Certified Coach and death doula for humans and animal companions. <u>https://talkingnowhelpslater.com/</u>

Abiding Ties, Linda Moore. Abiding Ties Pet Loss Support Group is grounded in the love of animals and their meaning in our lives. The group provides pet caregivers a safe space to share stories, to connect with people who understand the experience of pet loss, and to know that they are not alone in grieving their beloved animal companions. 802-751-5239 or chaplain@abidingties.org https://abidingties.org/

Heather Caulfield-Mills, community doula and instructor for University of Vermont's End-of-Life Doula certificate program. <u>WelcomeHillDoula@gmail.com</u>

Central Vermont Health, Home, and Hospice. We are a full service, not-for-profit Visiting Nurse Association committed to providing high quality, medically-necessary home health and hospice care to all Central Vermonters, regardless of their ability to pay. <u>https://www.cvhhh.org/</u>

Ginny Paige, LCSW. Pet Loss Therapy https://www.ginnypaigelcsw.com/pet-loss-therapy

NATIONAL RESOURCES

Lap of love. Lap of Love is a network of veterinarians around the country with the goal of empowering every owner to care for their geriatric pets. Our philosophy centers around the human-animal bond and the need for that bond to be as undisturbed as possible during this most difficult time. https://www.lapoflove.com/ **Argus Institute**. Honoring the human-animal bond by providing compassionate support and advocacy for people who care for animals. <u>https://vetmedbiosci.colostate.edu/argus/</u>

The Center for Loss & Bereavement. Offering a place of comfort and professional support services for people experiencing profound loss and grief. Located in Skippack, PA, the Center has been a leading provider for over 20 years of professional grief counseling, support groups, and resources to individuals and families, helping them find strength, connection, and solace through the tragic circumstances of loss and death.

https://bereavementcenter.org/

Association for Pet Loss & Bereavement. APLB's mission is to promote and expand the field of pet loss and grief support by providing pet family support services and resources that honor the human/animal bond. We also provide comprehensive training for professionals in the veterinary, mental health and pet industry fields with relevant, up-to-date and proven educational tools to advance their knowledge in offering front-line support to grieving families. https://www.aplb.org/

The Humane Society of Boulder Valley (www.boulderhumane.org/petloss) offers a free in-person and online Pet Illness and Loss Support Group for those who have experienced or anticipate the loss of their companion animal.

BOOKS & GIFTS

<u>**Playing Possum by Susana Monso**</u>. How animals conceive of death and dying—and what it can teach us about our own relationships with mortality

<u>The Pet Loss Companion: Healing Advice from Family Therapists Who Lead Pet Loss Groups</u> by Ken Dolan-Del Vecchio and Nancy Saxton-Lopez

<u>The Spiritual Nature of Animals: A Country Vet Explores the Wisdom, Compassion, and Souls of</u> <u>Animals</u> by Karlene Stange, DVM

Kindness for All Creatures: Buddhist Advice for Compassionate Animal Care by Sarah C. Beasley

Being Mortal: Medicine and What Matters in the End by Atul Gawande

Pet Loss and Children by Cheri Barton Ross

Rainbow Bridge Pet Loss Deck by Mindy Miering, Daily Pet Loss Grieving Cards

Pet are Family by Erika Sinner

The Invisible Leash by Patrice Karst - A moving children's book about coping with grief when a pet dies. "When our pets aren't with us anymore, an Invisible Leash connects our hearts to each other."

A very special thank you to our sposnors for making this event spossible!





